

NATIVE PLANTS FOR BIRDS

PIEDMONT

Larval Hosts plants

Common name	Scientific name	Growth form	Leaf type	Soil type	Flower & fruit dates
Spicebush	<i>Lindera benzoin</i>	sh	d	w, m	Mar-Apr; Aug-Sep
Native plums	<i>Prunus americana</i> , <i>P. angustifolia</i>	t	d	m, d	Mar-Apr; Jun-Aug
Oaks	<i>Quercus alba</i> , <i>Q. phellos</i> , <i>Q. shumardii</i>	t	d	w, m, d	Apr; Sep-Nov
Wild indigos	<i>Baptisia spp.</i> , <i>Thermopsis villosa</i>	h		w, m, d	May-Jul; Jun-Oct
Native blueberries	<i>Vaccinium arboreum</i> , <i>V. stamineum</i>	sh	d	w, m, d	Apr-Jun; Sep-Oct
Pawpaw, dwarf pawpaw	<i>Asimina triloba</i> , <i>A. parviflora</i>	t	d	w, m	Mar-May; Aug-Oct
River oats	<i>Chasmanthium latifolium</i>	g		w, m	Jun-Oct
New Jersey tea	<i>Ceanothus americanus</i>	sh	d	m, d	May-Jun; Jun-Jul
Ironwood, American hornbeam	<i>Carpinus caroliniana</i>	t	d	w, m	Mar-Apr; Sep-Oct
Pipevine	<i>Isotrema (Aristolochia)</i> <i>macrophylla</i>	v		m	May-Jun; Aug-Sep
Golden Alexander	<i>Zizia aurea</i>	h		m	Apr-May; Jun-Jul
River birch	<i>Betula nigra</i>	t	d	w, m	Mar-Apr; May-Jun
Hackberry	<i>Celtis laevigata</i>	t	d	w, m	Apr-May; Aug-Oct
Hawthorns	<i>Crataegus spp.</i>	t	d	w, m, d	Mar-Apr; Sep-Nov
Black willow	<i>Salix nigra</i>	t	d	w	Mar-Apr

- **Growth form:** t = tree, sh = shrub, f = flower, g = grass, v = vine
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- **Soil type:** w = wet, m = moderate, d = dry
- **Flower & fruit dates:** flowering period (first date range) and fruiting period (second date range). Only one date range is provided for species that flower and fruit simultaneously.



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Berry-producing plants

Common name	Scientific name	Growth form	Leaf type	Soil type	Flower & fruit dates
Flowering dogwood	<i>Cornus florida</i>	t	d	m, d	Mar-May; Sep-Oct
Winterberry holly	<i>Ilex verticillata</i>	sh	d	w, m	Apr-Jun; Sep-Nov
American beautyberry	<i>Callicarpa americana</i>	sh	d	m	Jun-Jul; Aug-Oct
Black cherry	<i>Prunus serotina</i>	t	d	m, d	Apr-May; Jul-Aug
Viburnums	<i>Viburnum nudum</i> , <i>V. dentatum</i> , <i>V. acerifolium</i>	sh	d	w, m	Apr-May; Aug-Oct
Red chokeberry	<i>Photinia (Aronia) pyrifolia</i>	sh	d	w, m	Mar-May; Sep-Oct
Black gum	<i>Nyssa sylvatica</i>	t	d	w, m, d	Apr-Jun; Aug-Oct
Sweetbay magnolia	<i>Magnolia virginiana</i>	t	d	w, m	Apr-Jul; Jul-Oct
Serviceberry	<i>Amelanchier canadensis</i>	sh	d	m	Mar-Apr; May-Jun
Wax myrtle	<i>Morella (Myrica) cerifera</i>	sh	e	w, m	Apr; Aug-Oct
Flowering crabapple	<i>Malus angustifolia</i>	t	d	m	Apr-May; Aug-Sep
Eastern red cedar	<i>Juniperus virginiana</i>	t	e	w, m, d	Jan-Feb; Oct-Nov
Inkberry holly	<i>Ilex glabra</i>	sh	e	w, m	May-Jun; Sep-Oct
Elderberry	<i>Sambucus canadensis</i>	sh	d	w, m, d	Apr-Jul; Jul-Aug
Virginia creeper	<i>Parthenocissus quinquefolia</i>	v		w, m	May-Jul; Jul-Aug

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Seed/nut producing plants

Common name	Scientific name	Growth form	Leaf type	Soil type	Flower & fruit dates
Maples	<i>Acer rubrum</i> , <i>A. floridanum</i> , <i>A. leucoderme</i> (native)	t	d	w, m, d	Mar-Apr; Jul-Sep
Purple coneflower	<i>Echinacea purpurea</i>	h		m, d	Jun-Aug
Swamp sunflower	<i>Helianthus angustifolius</i>	h		w, m	Sep-Oct
Joe-Pye weed	<i>Eutrochium fistulosum</i>	h		w, m	Jul-Oct
Bluestem	<i>Andropogon</i> spp.	g		m, d	Aug-Oct
Black-eyed Susan	<i>Rudbeckia</i> spp.	h		m, d	Jun-Oct
Shortleaf pine, Virginia pine	<i>Pinus echinata</i> , <i>P. virginiana</i>	t	e	m	Mar-Apr; Sep-Oct
American beech	<i>Fagus grandifolia</i>	t	d	m	Mar-May; Sep-Oct
Switchgrass	<i>Panicum virgatum</i>	g		m, d	Sep-Oct
Hickories	<i>Carya</i> spp.	t	d	w, m, d	Apr-May; Oct
Fall asters	<i>Symphyotrichum</i> (<i>Aster</i>) spp.	h		w, m, d	Aug-Oct
Goldenrods	<i>Solidago rugosa</i> , <i>S. caesia</i>	h		m, d	Aug-Oct
Smooth sumac, dwarf sumac	<i>Rhus glabra</i> , <i>R. copallinum</i>	sh	d	m, d	May-Jul; Jun-Oct
Elm spp.	<i>Ulmus americana</i> , <i>U. alata</i>	t	d	w, m, d	Feb-Mar; Mar-Apr

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Nectar-producing plants

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Wild bergamot, Bee balm	<i>Monarda didyma</i> , <i>M. fistulosa</i>	h		m	Jul-Aug
Cardinal flower	<i>Lobelia cardinalis</i>	h		w, m	Jul-Sep
Ironweed	<i>Vernonia noveboracensis</i>	h		w, m, d	Aug-Oct
Buttonbush	<i>Cephalanthus occidentalis</i>	sh	d	w, m	Jun-Aug
Sweet pepperbush	<i>Clethra alnifolia</i>	sh	d	m, d	Jun-Aug; Sep-Oct
Stokes aster	<i>Stokesia laevis</i>	h		m	Jul-Aug
Red buckeye	<i>Aesculus pavia</i>	sh	d	w, m	Apr-May; Jul-Aug
Crossvine	<i>Bignonia capreolata</i>	v		w, m, d	Apr-May; Jul-Aug
Blazing star	<i>Liatris</i> spp.	h		w, m, d	Jul-Oct
Coral honeysuckle	<i>Lonicera sempervirens</i>	v		m	Mar-Jul; Jul-Sep
Native azaleas	<i>Rhododendron</i> spp. (native)	sh	d	w, m, d	Mar-Jun; Sep-Oct
Virginia sweetspire	<i>Itea virginica</i>	sh	d	w, m	May-Jun
Milkweeds	<i>Asclepias</i> spp. (native)	h		w, m, d	Jun-Aug; Jul-Oct
Carolina jessamine	<i>Gelsemium sempervirens</i>	v		m, d	Mar-May; Sep-Nov
Beardtongues	<i>Penstemon</i> spp. (native)	h		m, d	May-Jul; Jul-Aug

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Invasive plants – avoid these!

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English ivy	<i>Hedera helix</i>
Privets	<i>Ligustrum</i> spp.
Autumn olive, thorny olive	<i>Elaeagnus umbellata</i> , <i>E. pungens</i>
Exotic Wisterias	<i>Wisteria sinensis</i> , <i>W. floribunda</i>
Japanese honeysuckle	<i>Lonicera japonica</i>
Mimosa, silktree	<i>Albizia julibrissin</i>
Periwinkle, Vinca	<i>Vinca</i> spp.
Japanese Spiraea	<i>Spiraea japonica</i>
Leatherleaf Mahonia	<i>Mahonia bealei</i>
Bradford pear	<i>Pyrus calleryana</i>
Pampas grass	<i>Cortaderia selloana</i>
Chinese silvergrass	<i>Miscanthus sinensis</i>
Japanese stiltgrass	<i>Microstegium vimineum</i>
Sacred bamboo	<i>Nandina domestica</i>
Tree-of-Heaven	<i>Ailanthus altissima</i>
Multiflora rose	<i>Rosa multiflora</i>
Sericea, bushclover	<i>Lespedeza cuneata</i>
Princess tree	<i>Paulownia tomentosa</i>